

# Workplace Supervisor

September 2019

## Testimonials

**Here are some quotes from HR Managers who recently called on Concern for a Management Consultation:**

*"I wanted to provide feedback for you and the team that our organization was very appreciative of your prompt responses and support throughout our dealing with the passing of a colleague. Please let your team know that we appreciate the partnership!"*

*"My counselor was fantastic. She was able to identify the steps that we needed to take to address a complicated situation quickly and effectively."*

*"I cannot express enough how impressed I was with the response to our very last minute request. We continue to be impressed and thankful for Concern and all that staff offers us (from our Account Manager to Concern clinical staff)."*



## FAQs for Managing Employees

**Q.** Our employees are very tolerant of one another's differences. I am proud of that because we feel like family and are supportive of each other. Is this the ultimate value of diversity awareness, having people feel accepted and valued?

**A.** Truly valuing diversity actually goes further than simply tolerating someone else who is different so they feel accepted. The trick is to value diversity. The world of work is becoming increasingly global and interdependent. This has made it imperative for business organizations to understand and promote acceptance of diverse workforces so they can compete. Most employees don't realize there is also a strong business case for valuing diversity. Understanding this will further reinforce respectful behavior. Not valuing diversity will create a negative consumer image, with loss of preference, revenue, and even advertisers that won't support a company disrespectful of diversity. A valued and diverse workforce has employees who feel accepted and more positive about their jobs. This in turn leads to lower turnover, a cost organizations seek to avoid.

**Q.** As a supervisor, how can I help my employees use emotional intelligence to do a better job at managing our customers? Is it too technical a concept to discuss or over the head of someone like me who is not clinical or the recipient of an advanced degree?

**A.** Emotional intelligence (EI) is not too difficult to discuss with your employees. Use a brief definition of EI as being the ability to recognize, describe, understand, manage, influence, and utilize emotions effectively in human relationships. The following EI ideas can help your employees be more effective and experience less stress with regard to customers: 1) Pay attention to customers' emotions and how they change or shift so that the needs of the customer are more precisely met. 2) Use empathy with customers. 3) Use emotions in communications (e.g., "Are you happy with your selection?" versus "Did you find everything you were looking for?"). 4) Anticipate customers' concerns and inquire about them before they are stated. 5) Pay attention to body language that can give signals as to needs or desires. There are many more ideas about how to use EI at work, but these examples will help generate deeper customer loyalty.

**Q.** It's frequently hard for me to delegate and let go. How can I become more adept at trusting my employees with assignments and not be so controlling or hover over them?

**A.** Not letting go and exerting control create more anxiety for you than does allowing those you supervise to manage their work. Your first step toward change is to understand that controlling behavior feels like domination and is disrespectful to your employees. It does not feel helpful and supportive. Some people learn early in life to act controlling because they have modeled it after others who played significant roles in their lives. Others learn controlling behaviors by being forced to rely on themselves in order to meet basic needs or feel safe in unsafe environments. There are many reasons a person exerts overly controlling behaviors, but work with Concern. It can help you implement a simple plan for letting go that will help you meet your goals, find more balance, and be happier in your job.

**Q.** I want to push my employees to do their best, but I don't want to be accused of bullying. How can I help employees maximize their productivity but not have them see me as aggressive, especially as a bully?

**A.** The most common behaviors perpetrated by bullies in the workplace can also be accidentally attributed to well-meaning supervisors, who without malice may use supervisory work practices that produce ill effects for their employees. A few examples include: 1) ignoring employees' opinions and views, 2) having information withheld that affects their good performance, 3) being allotted an unmanageable

workload, 4) being given tasks with unreasonable or impossible targets or deadlines, and 5) being ordered to do work below their competence. The importance of good communication is crucial because you cannot know how employees perceive your drive to maintain high levels of productivity. Where your goal is simply to get work done under pressure, employees may view your treatment of them as hostile. Take responsibility as a supervisor by having a proactive, two-way communication process that allows you to get feedback about whether or not your style is problematic for those you supervise.

**Q.** I always thought that domestic violence was almost exclusively a behind-closed-doors phenomenon and that the workplace was simply not in the picture. Is domestic violence something that employers really need to be concerned with as a business matter?

**A.** Business and industry are severely affected by domestic violence because of lost productivity, health care costs, absenteeism, turnover, negative effects on workers, and direct risks to the workplace when violence comes through the door. The health-related costs of rape, physical assault, stalking, and homicide by intimate partners exceeds approximately \$6 billion each year. The annual cost of lost productivity due to domestic violence is estimated at \$727.8 million, with more than 7.9 million paid workdays lost per year. This vast problem led to the formation in 1995 of the Corporate Alliance to End Partner Violence. Its purpose is to make a difference, and in recent years it has even expanded to help educate young people to support zero tolerance for dating violence in an effort to curb problems with future employees.

Concern teams with Human Resources to provide another resource for managers and supervisors to consult about how to manage issues with individuals, within and between work groups, and across departments. When you call Concern, ask for a Management Consultant or request to speak to a Clinical Manager.

**Call: 800.344.4222**  
**[employees.concernhealth.com](http://employees.concernhealth.com)**